

SPIRITUAL

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Faith versus Fear

Rationale

"If ye are prepared ye shall not fear" (Doctrine and Covenants 38:30). When Deseret Industries associates' progress seems sluggish or halted, concerns may stem from a lack of faith. Associates have a tremendous number of decisions to make, many of which are crucial to their future. Many of the options associates face have the potential to change the very foundations upon which their lives are built. Such monumental change requires a great amount of courage and commitment. Often, associates will sabotage their own progress when they are overcome by fear of failure (or fear of success) unless they have a powerful support system to bolster their faith.

Objective

Help Deseret Industries associates deal with current challenges in their lives, and prepare them for future challenges so they can move forward with faith.

Potential Discussion Items

- Determine whether the Deseret Industries associate recognizes the concern. Is he or she aware of the reason(s) for his or her fear or lack of faith? Can the associate identify resolutions to the concern(s)?
- Ask the Deseret Industries associate to identify his or her fear(s). What can he or she do to overcome or prepare to face the source(s) of the fear?
- If appropriate, suggest prayer as a means to help the Deseret Industries associate reach crucial decisions such as vocational goals, educational paths, and so on.
- Share experiences where you have prayed for answers and strength to conquer your own fears or lack of faith.
- Partner with others in ward leadership or missionaries to teach the Deseret Industries associate to pray, offering opportunities and teaching moments that encourage prayer and gospel study.
- Offer to pray for and with the Deseret Industries associate.
- Suggest things the Deseret Industries associate might do now to prepare for future challenges, for example,
 - Writing power statements
 - Writing a "Me in 30 Seconds" statement
 - Arranging babysitting alternatives
 - Getting prescription medication refills
 - Getting clothing cleaned and pressed
 - Getting automobile maintenance
 - Budgeting expenses (including emergency expenses)
 - Preparing food storage
 - Planning extra morning preparation time

Suggested Resources

- Doctrine and Covenants 8:2–3.



MENTOR

- Bible Dictionary, "Faith."
- Eyring, Henry B., "Trust in God, Then Go and Do" (Ensign or Liahona, Nov. 2010, 70–73): <https://www.lds.org/general-conference/2010/10/trust-in-god-then-go-and-do>.
- Monson, Thomas S., "Life's Greatest Decisions" (CES Fireside for Young Adults, September 7, 2003): <http://www.lds.org/broadcast/ces-devotionals/2003/01?lang=eng>.
- Pearson, Kevin W., "Faith in the Lord Jesus Christ" (Ensign or Liahona, May 2009, 38–40): <https://www.lds.org/general-conference/2009/04/faith-in-the-lord-jesus-christ>.
- Scott, Richard G., "The Transforming Power of Faith and Character" (Ensign or Liahona, Nov. 2010, 43–46): <https://www.lds.org/general-conference/2010/10/the-transforming-power-of-faith-and-character>.
- Addiction Recovery Program, "Step 11: Personal Revelation," 65–70: http://addictionrecovery.lds.org/bc/arp/content/english/addiction-recovery-program-guide/pdf/ARPGuide_English_36764.pdf.
- Gospel Principles, "Chapter 8: Praying to Our Heavenly Father": <https://www.lds.org/manual/gospel-principles/chapter-8-praying-to-our-heavenly-father>.
- Gospel Principles, "Chapter 18: Faith in Jesus Christ": <https://www.lds.org/manual/gospel-principles/chapter-18-faith-in-jesus-christ>.
- Mormon Channel program that answers the question "What Is Faith?": <http://www.mormonchannel.org/qa/8>.
- Mormon Channel program that shares stories from general conference that address the topic of faith (follow the links to listen to the other episodes in the Faith series): <http://www.mormonchannel.org/stories-from-general-conference/17>.

